Subject: Chat with nomore nations
From: nomore nations <nomorenations@gmail.com>
To: barriticus@gmail.com

nomore: hi man
me: howdy
nomore: can u talk?
me: http://tinychat.com/opmetalgear
me: join us here
me: I'm writing something on deadline but the others can bring you up to date
me: you don't need to sign in, just pick a name and click the little button on bottom right on dialog box that comes up